

# Synthroid

## Go To Hell

### Webinar Jam Session Outline

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#### What you will learn today:

- How to optimize your thyroid function & get rid of your symptoms.
- How to tell Synthroid/Levothyroxin/Levothyroid to go to Hell.
- How you can reverse Hashimotos.
- How to easily lower reverseT3; the hormone of hibernation.
- How to fix your immune system by healing your leaky gut.
- AND... How to heal your adrenal glands.

#### DR.T3/5 Step Formula:

##### 1. Improve Detoxification / Extracellular Matrix

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**2. Decrease Inflammation**

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**3. Fix Immune System / Heal The Leaky Gut / Reverse Hashimotos**

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**4. Improve Nutrient Absorption / Lower rT3 / Balance Thyroid Hormones**

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**5. Heal Adrenal Glands**

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**Why Detoxification is Important**

**Why Decreasing Inflammation is Important**

**Why Fixing Immune Function is Important**

**Why Improving Nutrient Absorption is Important**

**Why Healing Adrenals is Important**



## **Supplements Outline DR.T3/5 Step 90 Day Formula**

### ***Start #1, #2, #3, #4 & #5 immediately***

1. **UltraClear RENEW**: Two Scoops per day **for 14 days**
2. **Advaclear**: 2 capsules per day **for 21 days.**
3. **OmegaGenics® SPM Active**: Two twice per day for one month then one twice per day. **Ongoing.**
4. Nusera 1-2 at night before bed. **As needed for sleep.**
5. Magnesium Glycinate 300 mg at night. **As needed for sleep.**

### ***Start #6, #7, #8 & #9 in 2 weeks***

6. **UltraInflamX® Plus 360**: 2 scoops per day. **Ongoing**
7. **UltraFlora Integrity**: One twice per day. **90 days.**
8. **Glutagenics**: One scoop with water per day on empty stomach. **90 days.**
9. **Colostrum-LD**: One tablespoon with water twice per day. **Ongoing.**

### ***Start #10, #11 & #12 in another two weeks.***

10. **MitoVive**: 1 scoop + H2O/day. **Ongoing**
11. **SpectraZyme® Metagest**: 1-2 with each meal. **Ongoing**
12. **Thyrosol**: 1 twice/day. **Ongoing.**

# Tell Synthroid, Levothyroid, Levothyroxine Go To Hell

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## Q&A Notes

Email Questions during the Webinar Jam Session to: [askdrt@gmail.com](mailto:askdrt@gmail.com)